



Instructions for shopping for the food pantry at Germantown Avenue Crisis Ministry*

- Please take the # of bags you signed up for
- Each bag has a themed list of items needed, to guide your shopping. You do NOT need to purchase every item on the list – it's just a guide. Have fun picking out things you like that fit the theme!
- If you have overflow groceries, they can be returned in any kind of shopping bag, along with the brown paper bag. Or if your items are heavy, feel free to double-bag.
- PLEASE DO NOT "SHOP" FROM YOUR OWN PANTRY – buy fresh, even for the non-perishables.
- Groceries are to be returned to the church on **Monday, January 17th between 11-1 pm.**
- A reminder that the church's Sharing Cupboard is always collecting food for Germantown Ave. Crisis Ministry – you can drop off any week-day morning or Sundays 10 – 11 am. (please wear a mask when entering the building.)

**Germantown Avenue Crisis Ministry connects at-risk Northeast Philadelphia residents to resources within themselves and the community that resolve their crises, stabilize their lives and equip them to take the next step(s) to self-sufficiency. Each week the Food Cupboard, located within the First Presbyterian Church in Germantown, supplies 50-60 families with packages that include fresh and non-perishable foods. For more information: Crisisministry.org*



**First Presbyterian
Church in Springfield**

FlourtownPres.org

